

FLEAS



WHAT YOU NEED TO KNOW

Compliments of Dr M Raboobee

HOW DID I GET FLEAS?

Fleas are parasites called Siphonaptera.

They are spread by close contact with people or pets infected with fleas.

They feed on your blood!

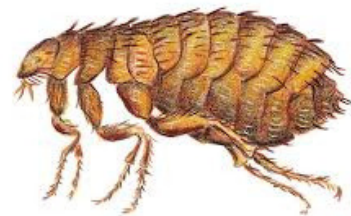
Fleas are different to bed bugs and scabies.

SIGNS & SYMPTOMS

Flea bites look like small red bumps, commonly in rows and clusters.

They are itchy!

They usually start around the feet and ankles but can spread all over the body.



BED BUGS

Bed bugs are different to fleas. They are insects called Cimex. They enjoy living in your bed linen and bite your exposed skin during the night. They feed on your blood!

SCABIES

Animals get scabies too (mange), but the mite is different to the mite that causes scabies in humans. Therefore, it is unusual to get scabies from a pet. This is not the case for fleas!

Flea Bites vs Scabies



INTERESTING FACT

Taking B12 tablets can deter bed bugs! When B12 is metabolised in your body the metabolite is excreted into your skin which the bed bugs hate!

TREATMENT

1. Dermikelp cream can be used regularly for itch
2. Allergex or a similar anti-histamine can also be used for itching at night.
3. Wash all bed linen in boiling water. Leave out in the sun together with your mattress. Iron your clothes thereafter.
4. Trim your nails, and wash with a nail brush daily for 2 weeks.