

MICRONEEDLING

with Innopen

What is microneedling?

This is a minimally invasive rejuvenating therapy which stimulates collagen production in the skin.

It uses a device which contains fine needles. The needles are used to puncture the skin and cause controlled skin injury.

Each puncture creates a channel that triggers the body to fill these microscopic wounds with collagen and elastin.

What is it used for?

Needling improves the texture and firmness of the skin.

It is used to reduce scars, pore size, fine wrinkles and even stretch marks.

In this practice, the device used is called an Innopen.



Innopen is an American Microneedling device

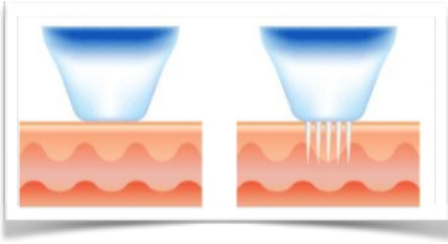
Procedure

A topical anaesthetic cream (EMLA®) is applied to the skin prior to the procedure. This is left on for at least 30 mins in order to numb the skin.

What next

A serum is applied to the skin after the Emla® is removed. A number of serums are available. The serum used depends on the indication for needling. E.g.: A specific serum is used for acne scarring and another is used for wrinkles. Needling allows the serum to penetrate the skin more easily.





The microneedling device is placed on the skin surface.

The micro needles enter the skin to create channels.

Needles

The idea of needles penetrating the skin may be scary. However, the numbing cream used allows for a painless procedure.

Depth of needle penetration is controlled by your doctor by adjusting the settings on the device.

The tip of the Innopen contains tiny needles and is sterile.

A new tip is used for each session to prevent contamination of any kind.



Safety

Microneedling is safe and chemical free. It can be performed on all skin colours and types. It is preferred over laser as there is no risk of burning. This is one of the latest Aesthetic procedures available. It is a type of collagen induction therapy.

Number of treatments

A single treatment is not sufficient to see results. The number of treatments necessary depends of the individual skin condition. 3 or 4 sessions may be necessary for mild to moderate acne scarring, where deeper scars and stretch marks may require 5 sessions or more. Monthly treatments are recommended.



A video of the procedure is available. Please ask Dr if you would like to watch it prior to your needling session.

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