

# MICRODERMABRASION

PERFECT BEFORE ANY OCCASION

here's why



## How does MDA improve skin

There are numerous benefits of MDA:

1. It **removes excess skin cells** and follicular plugs, which contribute to acne formation.
2. The abrasive action of MDA stimulates the skin to produce **more collagen**. This makes skin look firmer & younger. This will also make acne scars appear less obvious.
3. MDA **enhances skin permeability**. This allows the active ingredients in topical products to penetrate more deeply into the skin, improving their efficacy.
4. It **increases blood circulation** in the skin. This means more oxygen for skin cell renewal.

Microdermabrasion (MDA) is a type of superficial skin resurfacing treatment.

There are 2 types of MDA:

1. Diamond tip MDA
2. Crystal MDA

In our practice, we use a Diamond tip MDA device called Ecleris Minivac. This device uses low negative pressure suction and mild abrasion to obtain maximum skin benefits.



**DR M RABOOBEE**  
**medical & aesthetics**



**DR M RABOOBEE**  
medical & aesthetics

## Which Conditions can be treated with MDA

- Acne scarring
- Rosacea
- Post-inflammatory hyperpigmentation
- Melasma
- Fine lines & wrinkles
- Actinic keratoses
- Blackheads & whiteheads
- Dryness

## How the procedure works

After the skin is cleaned, the diamond tipped wand of the MDA machine is passed along the skin in different directions. You will feel a mild suction and abrasion. **It is not painful at all!** A serum and sunblock are applied at the end of the treatment.

## Safety Profile

Microdermabrasion has been proven to be safe and effective for all Fitzpatrick skin types.

This procedure offers minimal risk and is well-tolerated by patients, often with little to no post-procedure downtime!

It can be used in combination with other therapies (e.g., laser, chemical peels, microneedling) and will enhance the efficacy of your topical skincare products.

Duration: 15 - 20 minutes

Downtime: < 1 day

Cost: R1000

Current August special: R850